



Return to Play Guide  
and  
COVID19 Protocols

August 2, 2020

Parents and Coaches,

The CYSA Board has been working very hard to provide the safest atmosphere possible for this season. While the following changes and protocols may not satisfy every element of the era we find ourselves in, please know these decisions were not taken lightly and they were made in the best interest of our families. CYSA's initial COVID19 protocols, included within, were published upon fall registration opening on June 1, so that families could be aware of expectations. Since then, we have adjusted our protocols based on the rapidly evolving situation and in light of new information about COVID19, it's affect on our community and those communities surrounding ours, as well as the experiences of other organizations. Please find the updated document, included within this guide, as well as other changes listed that have been decided upon since that date.

All mask and social distancing requirements are in accordance with the State of Texas and Gov. Abbott's mandates.

**AN IMPORTANT NOTE about team formation for this season...**

This season will be considered an \*asterisk season. Meaning what happens this season is due to extenuating, unusual circumstances and most changes will be temporary. Team formation this season will be TEMPORARY, which means that if teams are merged to make it so all players have a place to play, this will not carry over the following season. After this season, any teams that merged to be able to play, will be separated back out to where they were for Spring '20. If a player does not want to return to their placement from Spring '20, they can go into the draft. But we want to make sure everyone knows going in, teams formed in Fall '20 will not stay together once this COVID era has passed. There are many logistical reasons for this and we can address with you as needed.

While the game dates are still set as originally scheduled, all other events have been delayed from our usual timeline...

**-Coaches meeting** will be pushed to Aug.22.

**-Practices** will not begin as early as in a usual fall season. Practices will now begin the week of Aug.23.

**-Youth games** are set to begin Sept.12.

**-Adult games** on Sept.13.

Though we do not anticipate this happening, these dates could be delayed as needed. Pauses in the season may have to happen as conditions warrant. We have much more room in the fall to get our season in, and there is no reason to force things to happen. Safety and health of our players comes first. Our anticipated end date is **Nov. 14**. If we need to go an extra weekend or more, please be aware it could happen.

**Final registration fees** will be charged on August 14. This was pushed back from Aug.3 as we continued to work through changes to our pre-season dates. This is as far as we could hold out on collecting these fees, as we begin to incur costs- jerseys have to be ordered, players have to be insured when they take the field for practices, scheduling begins, and City field user fees kick in. We will send another reminder email the day before the final charge to credit cards.

Please note- the following guidelines are subject to change as conditions warrant or if state mandates change. Please read carefully.

Thank you,  
CYSA

## **Important Changes for Fall 2020 season**

- Please limit all non-essential spectators. The fewer people on the sideline, the better. Please bring only immediate family members, if possible.

-Social distancing (6ft or more) is REQUIRED between family units at all CYSA games and practices.

-Failure to maintain appropriate social distancing will result in removal from the facility. One gentle reminder will be given.

-Masks are REQUIRED when one cannot maintain social distancing of 6ft or more. Masks are strongly suggested for all spectators 10 yrs and older at all CYSA games and practices.

-Masks are REQUIRED when visiting CYSA restroom facilities and concessions. For the protection of those in line around you and our staff, you will not be served by concessions if you are not wearing a mask that covers your mouth and nose. This applies to everyone 10 yrs and older.

-During play, masks for players and coaches are not required, though they are definitely allowed if a player or coach wants to wear them during a game. Coaches need to maintain a safe distance when addressing players at practices and at games. Masks are encouraged for coaches but not required.

-No post-game talk from coach or team huddling. After the games, players and families are to immediately vacate the field.

-No halftime snacks. No post-game snacks. At halftime, no parents on the team sideline. Coaches need to make sure players are spaced out for halftime break.

-Games will be scheduled with additional time between the end of one game and the start of the next game. This will allow the facility to completely clear out before the next set of games begin.

-Fields will be farther apart at ABW so no sidelines will be back to back.

-Players (youth and adult league) that are on the sidelines as subs will be required to maintain social distancing. For the youth league, cones are helpful to mark off spots for players to set their water bottles and bags down, so they can have a home base for any time spent on the sideline.

-Coaches may need help more than ever this season, so a parent that wants to assist the coach with their sideline management will need to get a background check through our CYSA office.

-Practices for this season only- ALL ages will be restricted to one hour, once a week. This is to allow team training while limiting exposure. Social distancing should be maintained between players and between players and coaches to the extent practicable during practices. Our Coppell FC coaches have devised helpful techniques for ensuring that practices are both effective and socially distanced. We will pass these strategies on to our rec coaches at the coach meetings later this month.

-CYSA will now provide jerseys for ALL youth age divisions. This is to keep the coach from having to handle jersey ordering, distribution and money, as well as make the coach's job easier. If a team does not want to use the CYSA provided jersey, they don't have to.

-Attendance at practices is not mandatory and non-attendance will NOT affect playing time this season. Coaches may still require that parents/players inform them of their plans to attend or not attend practices for planning purposes.

-Any violations of COVID19 safety rules and protocols should be reported to a field marshal or on-site board member, not the referee. The referee's job is to officiate the laws of the game only. Violations of COVID19 safety rules outside of the game context may be reported to CYSA directly via email or phone call.



### **Coppell Youth Soccer Association COVID19 Guidelines**

In accordance with the Texas Governor's "Open Texas" Phase 2 guidelines, Coppell Youth Soccer Association (CYSA) will be allowed to return to play this fall. In order to keep our players and families as safe as possible, CYSA will institute strict guidelines and protocols for our league activities that will be outlined in this document. Please read carefully and help us keep everyone healthy and safe while at our CYSA games and practices.

- Players and spectators may not attend practice/games if they are exhibiting symptoms of COVID19. Symptoms of possible COVID19 are:
  - Cough
  - Shortness of breath or difficulty breathing
  - Chills or shaking with chills
  - Muscle pain

- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Fever greater than 100.0 degrees

- Parents, players and spectators must disclose to the league if they have been diagnosed with COVID19 to permit contact tracing.
- If a player has symptoms at a league activity, as determined by the coach or a representative of CYSA, they will be immediately removed from the field and parents will be contacted for pickup.
- If a player has been diagnosed with COVID19, they may not return to practice or games for at least 7 days from the end of COVID19 symptoms.
- If a player has been around someone diagnosed with COVID19, they may not return to CYSA activities for 14 days.
- Players must bring their own equipment to practices/games. Coaches will not allow players to share equipment (e.g. no borrowing or sharing of soccer balls or sharing drinking containers)
- Coaches will not use team pinnies, bibs or allow players to handle cones or other team equipment.
- No team huddles, high-fives, post-game tunnels or post-game talks. Verbally expressing support and encouragement to teammates and opposing teams only, such as “good job” or “good game”. This includes practices.
- Players will place their personal belongings along the sideline away from other’s things, so for water breaks, subbing or rest at practices or games, they will keep a minimum of 6 ft. between them.
- Parents will be asked to stay at their cars during practices. Practice fields are already maxed for space. If you feel you must be at the sideline of the actual practice field, only one parent will be allowed per child and parents must keep at least 6 feet from players, coaches and other parents. Masks are encouraged for parents who feel they need to be at a practice.

- At games, all family units must stay 6 feet from other family units on the spectator sideline.
- Referees will keep 6ft distance between themselves and players for coin toss, as well as player check-in for ages where applicable.
- No hand-shakes or high-fives between opposing coaches. Verbal acknowledgements only
- Masks are encouraged for all spectators but not required when social distancing can be consistently maintained between family units. Masks will be required to visit the restrooms or concession stands. No masks, no service for the safety of our staff and those in line.
- Players should have hand sanitizer with them at practices and games and use it regularly.
- Car-pooling between families to CYSA activities is discouraged.
- CYSA will notify appropriate and affected parties if a case of COVID19 is diagnosed within CYSA. CYSA will not disclose names or health status and will maintain participant confidentiality.
- *Special note- this will serve as notice that there is an enhanced risk of participants being in direct contact with anyone 65 or older for 14 days after participating in a sport event or practice.*
- CYSA reserves the right to suspend league activities at any time if it deems that conditions are unsafe for players and/or coaches.